

- b) Stage-II the second stage of recruitment will be conducted for other eligible candidates, if vacancies remained unfilled after selection of candidates having medals/participations in International and medals winners in national competitions upto 3rd place.

The bio-metric examination, photograph and signature of the candidates who report with Admit Card at the recruitment venue will be taken, which shall be followed by conduct of different stages of recruitment process as under:-

STAGE-I:- (For candidates with International participation/medal winners and National medal winner's upto 3rd place)

(a) **DOCUMENTATION:-** All candidates reporting for recruitment will have to go through documentation process, in which candidates will have to produce all original documents/certificates pertaining to age, education, caste, sports achievements, proof to avail age relaxation etc., failing which the candidature of candidate will be rejected. No appeal on rejection during documentation will be entertained by SSB at later stage.

(b) **CHECKING OF SPORTS ACHIEVEMENTS:-** i) Field trial/skill test will be exempted for those who have participated in any International Sports event as member of Indian Squad with clearance of the Department of Youth Affairs & Sports.

ii) Field trial/skill test will be exempted for those who have represented a State/UT in the Senior or Junior level National championship organized by the National Sports federations recognized by Department of Youth Affairs & Sports or National Games organized by Indian Olympic Association and have won medals or position upto 3rd place.

iii) Order of preference:- In this process all sports achievements of all candidates will be checked and according to their performance in games the marks will be awarded to them. The order of preference and Division of Marks is as under:-

(i) **First preference-** Candidates who have represented the country in an **International Competition** in any of games /sports mentioned at Para-3 with clearance of the Department of Youth Affairs and Sports. Candidates who have won Gold Medal will be given first preference followed by Silver (2nd preference) and then Bronze Medalist (3rd preference).

Medal	Marks
Gold Medal	30 Marks
Silver Medal	29 Marks
Bronze Medal	28 Marks
Participation	26 Marks

ii) **Next preference-** Candidates who have represented State/UT in **Senior or Junior level National Championship** organized by the National Sports Federation recognized by department of Youth Affairs and sports or National Games organized by Indian Olympic association and **have won medal or position up to third place**. Between the candidates participating or having participated & won medal in Senior/Junior National Championship/games, latter i.e participated and won medal(s) shall be given preference.

Medal	Marks
Gold Medal	25 Marks
Silver Medal	24 Marks
Bronze Medal	23Marks

Note: -

- (i) In the event of a tie those who have secured a higher position or won more than one medal will be given the preference.
- (ii) Participation in individual and team event/item will be given the same preference.
- (iii) No marks will be given for winning more than one medal/position.
- (iv) In case of any doubt about the status of a tournament, the matter will be referred to the DoP&T in consultation with Department of Sports & Youth Affairs and decision will be final and binding.

Note:-

Merit certificate for Sports qualification must be signed by the awarding authority in the prescribed format as per G.O.I. Dept. of Pers & Trg Office Memorandum No. 14015/1/76-Estt (D) dated 04/08/1980 and No. 1720781414772 dated 04/03/2024. Details are as under:-

S/ No	Competition	Authority awarding certificate	Form in which certificate is to be awarded Annexure-III
1.	International Competition	Secretary of National Federation of the Game concerned.	Form-1
2.	National Competition	Secretary of the National Federation or Secretary of the State Association of the Game concerned	Form-2
3.	Inter-University Tournaments	Dean of Sports or other officer in overall charge of sports of the University concerned	Form-3
4.	National/Sports/ Games of Schools	Director or Additional/Joint or Deputy Director in overall charge of sports/games for schools in the Directorate of Public Instructions/Education of the State.	Form-4
5.	Khelo India University Games/ Khelo India Youth Games/ Khelo India Winter Games/ Khelo India Para Games	Officer designated/Officer in charge from Sports Authority of India (SAI) for Khelo India University/ Khelo India Youth Games/ Khelo India Winter Games/ Khelo India Para Games	Form-5

C) **PHYSICAL STANDARD TEST (PST):-** Candidates declared qualified in documentation/sports achievements will have to undergo Physical Standard Test (PST) as per following:-

S/ No	Description	Height in Cms		Chest in Cms (for Male candidate only)	
		For Male	For Female	Un-expanded	Expanded
1	For all except the categories given below.	170 Cms	157 Cms	80 Cms	85 Cms
2	For candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the State of Assam, Himachal Pradesh, Jammu & Kashmir & Ladakh .	165 Cms	155 Cms	78 Cms	83 Cms
3	For Scheduled Tribes candidates of all States except the Scheduled Tribes hailing from N.E States Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA)	162.5 Cms	150 Cms.	76 Cms	81 Cms

4	For candidates hailing from N.E States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim & Tripura	162.5 Cms	152.5 Cms	77 Cms	82 Cms
5	For candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following 'mouzas' sub-division of these district:- (1) Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) Chota Adalpur (7) Paharu (8) Sukna Forest (9) Sukna Par-I (10) Pantapati Forest-I (11) Mahanandi Forest (12) Champasari Forest (13) Salbari Chhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) Chhota Chenga (18) Nipania	157 Cms	152.5 Cms	77 Cms	82 Cms
6	For Scheduled Tribes candidates hailing from LWE affected districts.	160 Cms	147.5 Cms	76 Cms	81 Cms
7	For Scheduled Tribe candidates hailing from N.E. States.	157 Cms	147.5 Cms	76 Cms	81 Cms

1. A candidate not meeting the minimum height and chest requirement will be rejected from recruitment process.

2. Candidates seeking relaxation in height and chest will be required to submit the certificate reg. their community from concerned District Authorities. In the event of non-production of the certificate their claim for relaxation in height and chest will not be entertained and their candidature for the post shall be cancelled straightaway. No correspondence in this regard will be entertained by SSB at later stage. Criteria for relaxations are subjected to instructions of Government of India.

3. The height and chest measurement of a candidate will be measured correct to one decimal place in centimeter. For example height will be measured and recorded as 170.2 cm. Any candidate having height or chest measurement less than the prescribed minimum in Recruitment Rules will be disqualified. **For example if minimum height for a category is 170 cm then all the candidates of such category having height 169.9 cm and less will be disqualified.**

4. **Weight:-** As per MHA (Police-II) office memorandum No. 45020/03/2025-PP/28 dated 09/03/2026, normal range of BMI will be 18-25. **Candidate with BMI below 18 & above 25 are to be rejected considering underweight & overweight respectively.**

$$\text{Formula of BMI} = \frac{\text{Weight in KG}}{(\text{Height in meter})^2}$$

NOTE:-(i) Appeal against Physical Standard Test (PST):- Candidates declared disqualified in Physical Standard Test can prefer an appeal to the appellate authority for re-measurement of Height and Chest only. The appeals of the candidates to be disposed off preferably on the same day by the appellate authority.

(ii) Candidates who intend to avail relaxation in height and chest measurements will have to submit certificate regarding his/ her category/ community from concerned district authorities at the time of documentation.

D) DETAILED MEDICAL EXAMINATION (DME):- Candidates will be put through Detailed Medical Examination strictly on the basis of merit. The Detailed Medical Examination will be conducted as per Revised Medical Guidelines dated 20.05.2015 issued by ADG (Medical) CAPFs and amendments circulated vide MHA OM No.-E.32012/ADG (Med)/DME & RME/DA-1/2020(Part File)/1166 dtd. 31.05.2021 thereof.

Being declared FIT in Medical Examinations will in no way give any legal claim or right to any candidate for final appointment in Government service, as the appointment will be strictly as per merit.

Note :- (The detailed medical guidelines will remain available for all candidates at SSB recruitment website i.e www.recruitment.ssb.gov.in and SSB main website i.e www.ssb.gov.in till closing date of receipt of application)

E) Review Medical Examination (RME):- If a candidate is declared unfit in the DME, the grounds for rejection will be communicated to him/her by the Chairman of DME board. If rejected candidate is not satisfied with the findings of the Medical Officer, he/she may give the writing consent by appending their signature on the intimation indicating the reason for being unfit within 24 hours after he/she is informed of his/her unfitness in DME on prescribed proforma. After acceptance of consent letter of candidate, RME will be conducted preferably on the next day of DME.

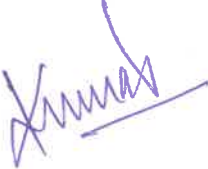
The decision of the Review Medical Examination Board will be final and no further appeal will be entertained by SSB. Further, no correspondence in this regard will be entertained by SSB at later stage.

NOTE:- It should, however, be clearly understood that the Selection Board reserves absolute discretion to reject or accept any candidate after considering the report of the medical board.

F) FINAL SELECTION:- Final selection of the sportspersons will be prepared in order of merit after completion of Review Medical Examination (RME). It is hereby emphasized that the candidates who merely secure the qualifying percentage of marks and found medically fit, may not be considered for final selection since the cut off marks will be determined according to number of vacancies. Where equal marks have been obtained by candidates their merit will be fixed as per Para-9 Stage-I (b) (iii). The result of provisionally selected candidates will be uploaded in SSB recruitment website i.e. www.recruitment.ssb.gov.in and SSB main website i.e. www.ssb.gov.in as per availability of vacancies.

Tie Principle

Note: If, two or more candidates secure equal marks, tie will be resolved in following manner:-

- 
- (i) The preference will be given in following order to candidate who has secured (1) higher medal position (viz. Gold, Silver & Bronze in this order) (2) more medals.
 - (ii) If, the tie still persists, the candidate older in age will be given preference.
 - (iii) If, the tie still persists, the candidate's name in alphabetical order in English will be given preference.

STAGE-II :- The second stage of recruitment will be conducted for other eligible candidates, if vacancies remained unfilled after selection of candidates having medals/participations in International and medals winners in national competitions upto 3rd place.

(a) **DOCUMENTATION:-** All candidates reporting for recruitment will have to go through documentation process, in which candidates will have to produce **all original** documents/certificates pertaining to age, education, caste, sports achievements, proof to avail age relaxation etc., failing which the candidature of candidate will be rejected. No appeal on rejection during documentation will be entertained by SSB at later stage.

(b) **FIELD TRIAL/Skill Test:-** The field trial will be of **50 marks and will be conducted as per guidelines and instructions prepared by SSB.** The minimum qualifying marks in field trial for all category candidates (i.e. SC, ST, OBC, EWS & Gen) will be 60 %.

C) **PHYSICAL STANDARD TEST (PST):-** Candidates declared qualified in documentation/sports achievements will have to undergo Physical Standard Test (PST) as per following:-

S/ No	Description	Height in Cms		Chest in Cms (for Male candidate only)	
		For Male	For Female	Un-expanded	Expanded
1	For all except the categories given below.	170 Cms	157 Cms	80 Cms	85 Cms
2	For candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the State of Assam, Himachal Pradesh, Jammu & Kashmir & Ladakh .	165 Cms	155 Cms	78 Cms	83 Cms
3	For Scheduled Tribes candidates of all States except the Scheduled Tribes hailing from N.E States Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA)	162.5 Cms	150 Cms.	76 Cms	81 Cms
4	For candidates hailing from N.E States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim & Tripura	162.5 Cms	152.5 Cms	77 Cms	82 Cms
5	For candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following 'mouzas' sub-division of these district:- (1) Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) Chota Adalpur (7) Paharu (8) Sukna Forest (9) Sukna Par-I (10) Pantapati Forest-I (11) Mahanandi Forest (12) Champasari Forest (13) Salbari Chhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) Chhota Chenga (18) Nipania	157 Cms	152.5 Cms	77 Cms	82 Cms
6	For Scheduled Tribes candidates hailing from LWE affected districts.	160 Cms	147.5 Cms	76 Cms	81 Cms
7	For Scheduled Tribe candidates hailing from N.E. States.	157 Cms	147.5 Cms	76 Cms	81 Cms

Kumar

1. A candidate not meeting the minimum height and chest requirement will be rejected from recruitment process.

2. Candidates seeking relaxation in height and chest will require to submit the certificate reg. their community from concerned District Authorities. In the event of non-production of the certificate their claim for relaxation in height and chest will not be entertained and their candidature for the post shall be cancelled straightaway. No correspondence in this regard will be entertained by SSB at later stage. Criteria for relaxations are subjected to instructions of Government of India.

3. The height and chest measurement of a candidate will be measured correct to one decimal place in centimeter. For example height will be measured and recorded as 170.2 cm. Any candidate having height or chest measurement less than the prescribed minimum in Recruitment Rules will be disqualified. **For example if minimum height for a category is 170 cm then all the candidates of such category having height 169.9 cm and less will be disqualified.**

4. **Weight:-** As per MHA (Police-II) office memorandum No. 45020/03/2025-PP/28 dated 09/03/2026, normal range of BMI will be 18-25. **Candidate with BMI below 18 & above 25 are to be rejected considering underweight & overweight respectively.**

$$\text{Formula of BMI} = \frac{\text{Weight in KG}}{(\text{Height in meter})^2}$$

NOTE:-(i) Appeal against Physical Standard Test (PST):- Candidates declared disqualified in Physical Standard Test can prefer an appeal to the appellate authority for re-measurement of Height and Chest only. The appeals of the candidates to be disposed off preferably on the same day by the appellate authority.

(ii) Candidates who intend to avail relaxation in height and chest measurements will have to submit certificate regarding his/ her category/ community from concerned district authorities at the time of documentation.

D) DETAILED MEDICAL EXAMINATION (DME):- Candidates will be put through Detailed Medical Examination strictly on the basis of merit. The Detailed Medical Examination will be conducted as per Revised Medical Guidelines dated 20.05.2015 issued by ADG (Medical) CAPFs and amendments circulated vide MHA OM No.-E.32012/ADG (Med)/DME & RME/DA-1/2020(Part File)/1166 dtd. 31.05.2021 thereof.

Being declared FIT in Medical Examinations will in no way give any legal claim or right to any candidate for final appointment in Government service. As the appointment will be strictly as per merit.

Note :- (The detailed medical guidelines will remain available for all candidates at SSB recruitment website i.e. www.recruitment.ssb.gov.in and SSB main website i.e. www.ssb.gov.in till closing date of receipt of application)

E) REVIEW MEDICAL EXAMINATION (RME):- If a candidate is declared unfit in the DME, the grounds for rejection will be communicated to him/her by the Chairman of DME board. If rejected candidate is not satisfied with the findings of the Medical Officer, he/she may give the writing consent by appending their signature on the intimation indicating the reason for being unfit within 24 hours after he/she is informed of his/her unfitness in DME on prescribed proforma. After acceptance of consent letter of candidate, RME will be conducted preferably on the next day of DME.

The decision of the Review Medical Examination Board will be final and no further appeal will be entertained by SSB. Further, no correspondence in this regard will be entertained by SSB at later stage.

NOTE:- It should, however, be clearly understood that the Selection Board reserves absolute discretion to reject or accept any candidate after considering the report of the medical board.

F) FINAL SELECTION:- Final selection of the sportspersons will be prepared in order of merit after completion of Review Medical Examination (RME). It is hereby emphasized that the candidates who merely secure the qualifying percentage of marks and found medically fit, may not be considered for final selection since the cut off marks will be determined according to number of vacancies. Where equal marks have been obtained by candidates their merit will be fixed as per **Para-9 Stage-II (b)**. The result of provisionally selected candidates will be uploaded in **SSB recruitment website i.e. www.recruitment.ssb.gov.in** and **SSB main website i.e. www.ssb.gov.in** as per availability of vacancies.

Tie Principle

Note: If, two or more candidates secure equal marks, tie will be resolved in following manner:-

- (i) The preference will be given in following order to candidate who has secured (1) higher medal position (viz. Gold, Silver & Bronze in this order) (2) more medals (3) more participation in higher competition as per Para-5 (iv).
- (ii) If, the tie still persists, the candidate older in age will be given preference.
- (iii) If, the tie still persists, the candidate's name in alphabetical order in English will be given preference.

10. Further, second stage of recruitment will be conducted only if vacancies remained unfilled after selection of candidates having medals/participations in International and medals winners in national competitions upto 3rd place on completion of first stage of recruitment. Procedure for second stage of recruitment is mentioned at Para No. 9 (stage-II).

11. **HOW TO APPLY:-**Candidates are advised to go through the instructions and detailed advertisement available in Employment Newspaper/ on SSB Recruitment website www.recruitment.ssb.gov.in carefully before applying for the post.

PART-I (Filling details)

S/No	Particulars	Instruction/ Guidelines
1.	Post	Candidate will have to fill the post name alongwith game and category for which he/she wants to apply.
2.	Candidate's Name	Candidates have to fill their first name, middle name and last name in capital letters as shown in their matriculation certificate.
3.	Father's / Husband's Name	Candidate will have to fill his/ her father's / Husband's Name, preferably in capital letters as per their matriculation certificate.
4.	Mother's Name	Candidate will have to fill his/ her mother's name, preferably in capital letters as per their matriculation certificate.
5.	Date of Birth	Date of Birth should be mentioned in DD/MM/YYYY format as per matriculation certificate.
6.	Gender	The candidates should select as applicable (Male or Female)
7.	Nationality	Candidates will have to fill their nationality i.e Indian or Others. If others candidates will have to select subject of Nepal/ Subject of Bhutan.